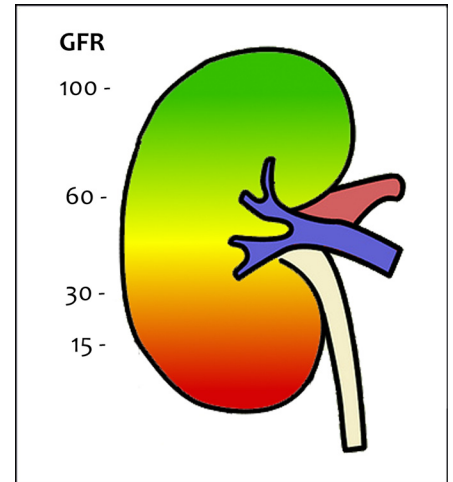


HOW WELL ARE YOUR KIDNEYS WORKING?

Glomerular Filtration Rate (GFR)

Your kidneys do many things for your body. Their most important function is to clean your blood. This is measured by the glomerular filtration rate (GFR). You can think of this as a percent of how much kidney function that you have left. This is the total amount of kidney function, regardless if you have one or two kidneys. In general,

- GFR > 60 is usually normal or mildly reduced
- GFR < 60 means kidney disease is present
- GFR < 30 means that the kidneys are beginning to fail
- GFR < 15 means that kidney failure is present



Your GFR is _____ on _____.

Urine Protein

In a healthy kidney, protein is not found in the urine. On the other hand, when the kidneys are damaged, protein leaks into the urine, so we test your urine for protein. Usually, the amount of protein increases as the amount of damage increases.

Your urine protein is _____ on _____.

Blood Pressure

Your blood pressure is important. When it is too high, it will cause more damage to your kidneys. Normal blood pressure is < 120/80, but your doctor may decide to accept a higher blood pressure for your situation.

Your blood pressure is _____ on _____.